

The Yoga of eating: transcending diets and dogma to nourish the natural self

by Charles Eisenstein

Call No: 613.26 E4Y6

Barcode: 179413

[Place Hold](#)



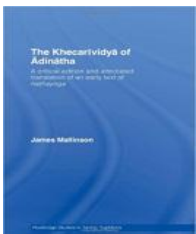
Classical samkhya and yoga: an Indian metaphysics of experience

by Mikel Burley

Call No: 181.41 B8C5

Barcode: 175113

[Place Hold](#)



The Khecarividya of Adinatha : A Critical edition and annotated translation of an early text of hathayoga

by James Mallinson

Call No: 294.5436 M2K4

Barcode: 182546

[Place Hold](#)



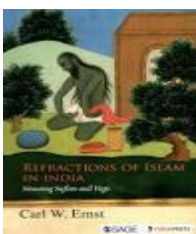
Consciousness, Indian psychology, and yoga - history of science, philosophy and culture in Indian civilization

by Kireet Joshi & M. Cornelissen (Editors)

Call No: 153 C6

Barcode: 181744

[Place Hold](#)



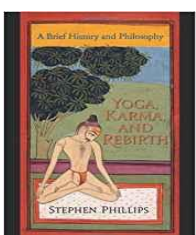
Refractions of Islam in India

by Carl W. Ernst

Call No: 297.40954 E7R3

Barcode: 193874

[Place Hold](#)



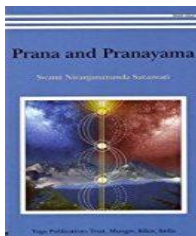
Yoga, karma, and rebirth: a brief history and philosophy

by Stephen H. Phillips

Call No: 181.45 P4Y6

Barcode: 179092

[Place Hold](#)

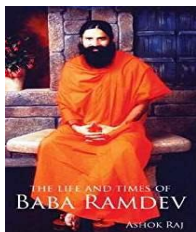


Prana and Pranayama by Swami Niranjanananda Saraswati

Call No: 613.7046 S2P7

Barcode: 188071

[Place Hold](#)

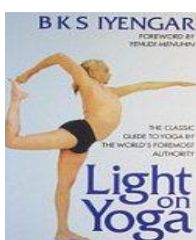


The Life and Times of Baba Ramdev by Ashok Raj

Call No: 181.45 R2L4

Barcode: 189778

[Place Hold](#)

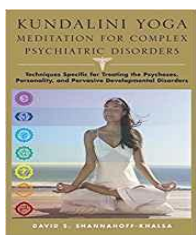


Light on Yoga by B K S Iyengar

Call No: 613.7046 I9L4

Barcode: 172060

[Place Hold](#)

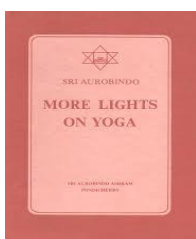


Kundalini yoga meditation for complex psychiatric disorders – techniques specific for treating the psychoses, personality, and pervasive developmental disorders by David S. Shannahoff-Khalsa

Call No: 616.891653 S4K8

Barcode: 178807

[Place Hold](#)



More lights on yoga by Aurobindo

Call No: 181.4 A8M6

Barcode: 161253

[Place Hold](#)

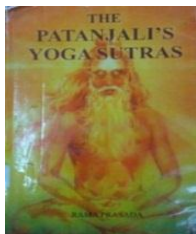


The Patanjali's yoga sutras by Shuam Ranganathan

Call No: 181.452 P2

Barcode: 182539

[Place Hold](#)



The Patanjali's yoga sutras by Rama Prasad (Translator)

Call No: 181.45 R2P2

Barcode: 174101

[Place Hold](#)

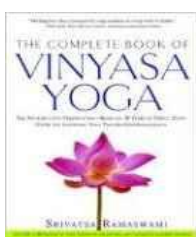


Yoga and your health by Richmond Sonya

Call No: 181.45 R4Y6

Barcode: 58420

[Place Hold](#)

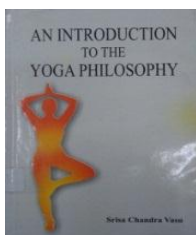


The complete book of Vinyasa Yoga by Ramaswami, Srivatsa

Call No: 613.7046 R2C6

Barcode: 181959

[Place Hold](#)

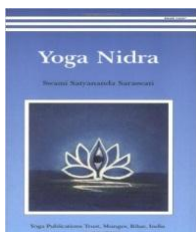


An introduction to the yoga philosophy by Srisa Chandra Vasu

Call No: 181.45 S7I6

Barcode: 174100

[Place Hold](#)

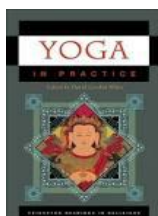


Yoga nidra by Swami Satyananda Saraswati

Call No: 181.45 S2Y6-1998

Barcode: 188105

[Place Hold](#)

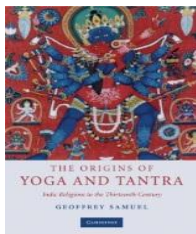


Yoga in practice by David Gordon White [Editor].

Call No: 181.45 Y6

Barcode: 174821

[Place Hold](#)



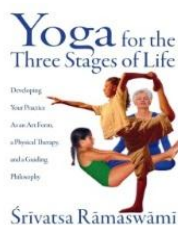
The origins of yoga and tantra indic religions to the Thirteenth century

by Geoffrey Samuel

Call No: 294.0901 S2O7

Barcode: 181387

[Place Hold](#)

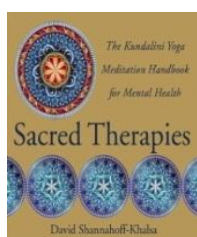


Yoga for the three Stages of life by: Srivatsa Ramaswami

Call No: 613.7046 R2Y6

Barcode: 181958

[Place Hold](#)



Sacred Therapies: The Kundalini yoga meditation handbook for mental health

by David Shannahoff-Khalsa

Call No: 616.8916528 S4S2

Barcode: 178806

[Place Hold](#)

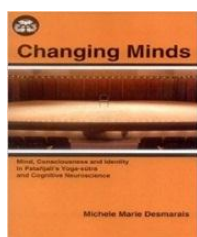


Body goddess by Payal Gidwani Tiwari

Call No: 181.45 T4B6

Barcode: 190005

[Place Hold](#)

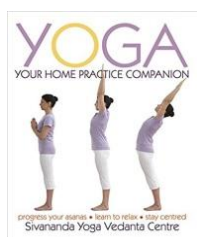


Changing minds: mind, consciousness, and identity in Patanjali's yoga - sutra and cognitive neuroscience by Desmarais, Michele Marie.

Call No: 181.452 D3C4

Barcode: 181944

[Place Hold](#)

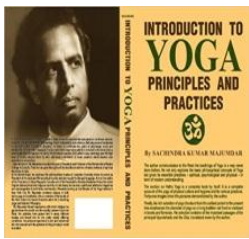


Yoga your home practice companion by Sivananda Yoga Vedanta Centre.

Call No: 613.7046 Y6

Barcode: 173234

[Place Hold](#)



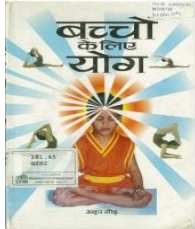
Introduction to yoga: principles and practices by Majmudar, Sachindra Kumar

Call No: 181.45 M2I6

Barcode: 21321

[Place Hold](#)

HINDI BOOKS

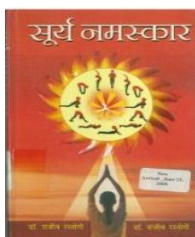


Bachchon ke liye yoga by Gaur, Anup

Call No: H 181.45 G2B2

Barcode: 157373

[Place Hold](#)

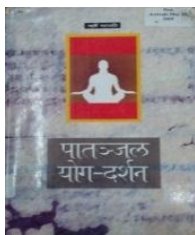


Surya namaskar by Rastogi, Rajeev.

Call No: H 613.704 R2S8

Barcode: 165381

[Place Hold](#)

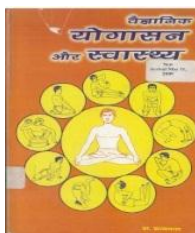


Patanjal Yogadarshan by Patanjali Shashtri, Ramchandra Varma

Call No: H 181.45 P2

Barcode: 167853

[Place Hold](#)



Viagyanik yogasana aur swasthya by Pal, Satya.

Call No: H 181.45 P2V4

Barcode: 167852

[Place Hold](#)

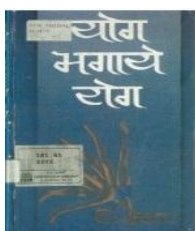


Yogasan aur shareer vigyan by Swami Akshaya Atamanand.

Call No: H 181.45 S9Y6

Barcode: 154400

[Place Hold](#)

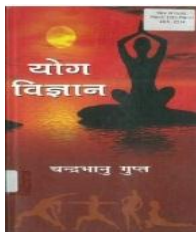


Yog bhagaye rog by Swami Akshey Atmanand.

Call No: H 181.45 S9Y6

Barcode: 154401

[Place Hold](#)

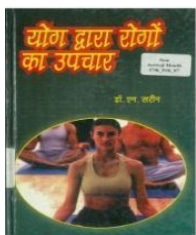


Yog vigyan by Gupta, Chandrabhanu.

Call No: H 181.45 G8Y6

Barcode: 180787

[Place Hold](#)

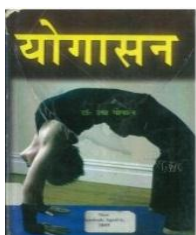


Yog dwara rogo ka upachar by Sarin, N.

Call No: H 181.45 S2Y6

Barcode: 161325

[Place Hold](#)

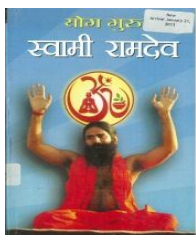


Yogasan by Gopal, Usha, Sapara, Charu [Editor].

Call No: H181.45 G6Y6

Barcode: 167558

[Place Hold](#)

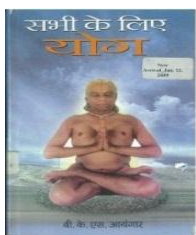


Yoga guru Swami Ramdev by Ashok Raj.

Call No: H 181.45 A8Y6

Barcode: 177914

[Place Hold](#)



Sabhi ke liye yoga by Iyengar, B.K.S.

Call No: H 613.7046 I9S2

Barcode: 166961

[Place Hold](#)